

## How does it work?

Simply telephone or walk into your local Haringey pharmacy and ask if they deliver the Minor Ailment Service (currently the service is available in 45 pharmacies in Haringey). The pharmacy will then talk you through what you need to do to register for the service, if you are eligible.

You can also find a list of Haringey pharmacies on Haringey CCG's website:

**[www.haringeyccg.nhs.uk/services/pharmacy.htm](http://www.haringeyccg.nhs.uk/services/pharmacy.htm)**

## Will I still be able to see a GP?

Yes, if you want to, you can still have an appointment to see the GP or nurse. This is just another way that you can get advice and treatment without waiting for an appointment with your GP.

## Can I use the service if I pay for my prescriptions?

No, but you can still obtain free advice from any pharmacy and buy the medicines you need from the pharmacy. Many medicines for common conditions cost less than the cost of a prescription charge (currently £8.05).

## Why visit the pharmacy?

- Pharmacists are trained to treat common conditions such as head lice or a sore throat and can refer you to your GP if your illness requires a prescription medicine or a GP appointment.
- You will not have to visit your GP for a prescription or wait for an appointment.
- Your GP will be able to spend more time treating patients with more serious illnesses.
- This is a confidential and high quality service.
- Many pharmacies in Haringey are open in the evenings and on the weekends.

# Minor Ailment Service in Haringey



**To find your nearest pharmacy, please use the search on NHS Choices – [www.nhs.uk](http://www.nhs.uk) or call 0300 311 22 33.**

A service that allows people who don't pay prescription charges to obtain advice and treatment for common conditions from local pharmacies for FREE without needing to visit a GP.

# What is the Minor Ailment Service?

Everyone can go to their pharmacist for advice or to buy medicines for common conditions such as athlete's foot or coughs and colds. The Minor Ailment Service helps people who need it receive free advice and medicine from a pharmacy without needing to visit a GP to get a prescription.

## Who can use the service?

You can use the Minor Ailment Service if you or your child:

- 1 Are registered with a Haringey GP; and
- 2 Don't pay for your prescriptions\*; and
- 3 Have one of the 24 common conditions listed in this leaflet.

\*Does not include holders of a prepayment prescription certificate.

## What are the conditions that can be treated under the Minor Ailment Service?

- Athlete's foot
- Back pain
- Cold sores
- Conjunctivitis
- Constipation
- Contact dermatitis
- Cough, colds and sore throat
- Cystitis
- Diarrhoea
- Dyspepsia and indigestion
- Earache
- Haemorrhoids
- Hay fever and allergies
- Head lice
- Headache and fever
- Insect bites and stings
- Minor injuries
- Nappy rash
- Ringworm
- Sprains and strains
- Teething
- Threadworm
- Vaginal thrush
- Warts and verrucas



## What are the benefits of using the service?

Using this service means that if your pharmacist thinks you need it, they can give you a medicine without you having to pay for it. It will also save you making an appointment with your GP simply to get a prescription; giving you convenient access to the same advice you would get from your GP.

