



# Connected Heart Care Pathway

## I have a diagnosis of heart failure, what do I need to do?

You don't need to do anything. Our service is reviewing the notes of all patients with heart failure in your area (common symptoms include: limitation of physical activity, oedema, chest pain, shortness of breath and palpitation). We'll assess your therapy and discuss it with a cardiologist, a GP, heart failure specialist nurses and pharmacist. If we update your plan you will be contacted to discuss this.

## What we do

### Help patients manage their condition remotely

You will be able to use a patient friendly app or website to communicate directly with your health care professional about the symptoms of your condition.

It will also have useful advice on how to better self manage your condition from the comfort of your own home.

### Keep heart care connected

Your hospital consultant, heart failure specialist nurse and your GP team are all working together on your care plan with a goal to improve your treatment.

### Where do we operate?

Our service operates in West Haringey and Camden

## Other info

### How do I know if I'm being reviewed?

If you want to know this then let us know by emailing: [whh-tr.chcpathway@nhs.net](mailto:whh-tr.chcpathway@nhs.net)

### Who delivers this service?

Haringey and Camden GP practices in partnerships with the Royal Free, Whittington and North Middlesex Hospital.

### Who does this service contact?

We contact patients that fall under the following categories:

- At risk of developing heart failure
- Living with heart failure and need an annual review
- Living with heart failure and may be suitable for remote monitoring

Please contact us for signposting and guidance

[whh-tr.chcpathway@nhs.net](mailto:whh-tr.chcpathway@nhs.net)